



# CZECH ACRO OPEN

## 9<sup>TH</sup> NOVEMBER 2024



### FRIDAY 8<sup>TH</sup> of November:

- Arrival of the delegations (no training possibility)
- 15.30 – 21.00 – accreditation (for accommodated clubs)
  - Accreditation at hotel lobby
  - Hotel Don Giovanni, Vinohradská 157a, Prague 130 20

### SATURDAY 9<sup>TH</sup> of November:

- 7:30 / 8:00 / 9:00** BUS transportation (for accommodated clubs)
- 8:00 – 9:00** Accreditation in the office at gym hall (for unaccommodated clubs)
- 8:00 – 9:30** Warm-up (available for all Youth competitors)
- 9:00** Judges meeting (in the office)
- 9:30** **start of the competition** (one representative of each club in tracksuit is required to Opening ceremony – 9:20 in ballet hall)

Each session (5-6 units) has 3 minutes warm up on competition floor

- 9:45** Youth (combined exercise)
- 12:00-14:30** lunch will be served in the restaurant Kafárna Na Kus řeči (200 metres from gym hall (tickets will be handed out during accreditation)
- 13:45** Youth category results announcement (all competitors in leotards are going to the carpet, best 6 is going to the podium)
- All pairs are ranked together
  - All groups are ranked together
- 14:00 – 14:30** break / warm up available for all AG 11-16 and Master class competitors
- 14:30** Age group 1st routine (Pairs - balance/ Groups - dynamic)
- 15:30** Master class 1st routine (balance OR tempo)
- 16:30** Age group 2nd routine (Pairs – dynamic / Groups – balance)
- 17:30** Master class 2nd routine (combined)
- 18:40** Age group, Master class results announcement (all competitors in leotards are going to the carpet, best 6 is going to the podium)
- All pairs are ranked together
  - All groups are ranked together
- ?19:15-19:45? (times will be specified on the spot) BUS transport to hotel Don Giovanni
- 20:00-23:00** Farwell party in Hotel Don Giovanni (Vinohradská 157a, Prague 130 20), one drink/per person is in the price (additional drinks for buy)

### SUNDAY 10<sup>TH</sup> of November:

- Departure of delegations (till 10:30)



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Additional information:

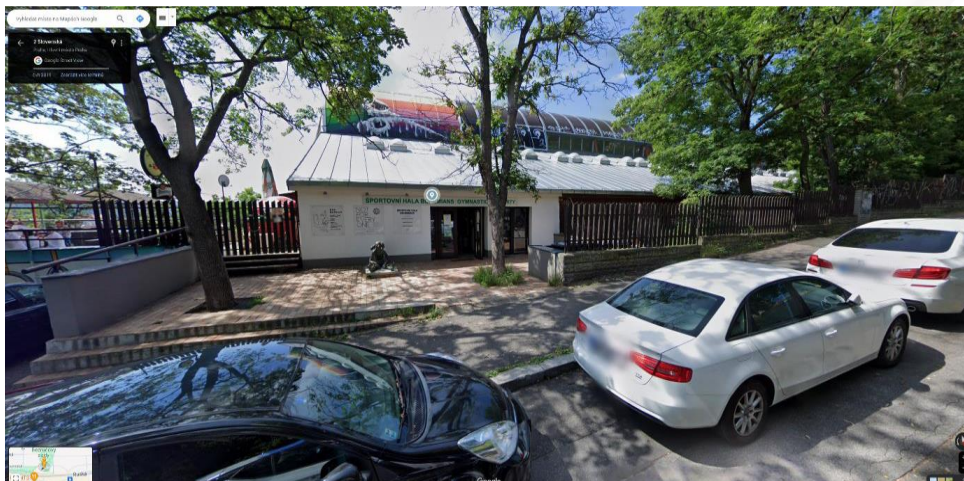
- **LIVE STREAM** <https://www.gymtv.cz/>
- **PHOTOS** - There will be a professional photograph and possibility to **buy photos** on the spot
- **Website** <https://www.akrobatickagymnastika.cz/>
- **Social media**
  - o Instagram [https://www.instagram.com/acro\\_bohemians/](https://www.instagram.com/acro_bohemians/)
  - o Facebook <https://www.facebook.com/akrobohemians/>
  - o Facebook event <https://fb.me/e/6J8XNA6t4>
- **Contacts to LOC**
  - o [info@akrobatickagymnastika.cz](mailto:info@akrobatickagymnastika.cz)
  - o Petra Filsaková, +420 721 959 962

**Parking (Slovenská street):**

<https://maps.app.goo.gl/rzb3wRboyqD41u2M6>



**Entrance to the gym hall (Slovenská 2, Praha):**





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### Gym hall:

