CZECH ACRO OPEN
7TH NOVEMBER 2026

FRIDAY 6TH of November:

- Arrival of the delegations (no training possibility)
- 16.00 – 21.00 – accreditation (for accommodated clubs)
    - Accreditation at hotel lobby
    - Hotel Don Giovanni, Vinohradská 157a, Prague 130 20

SATURDAY 7TH of November:

7:45 / 8:30	**BUS transportation** (for accommodated clubs)
8:00 – 8.30	**Accreditation** in the office at gym hall (for unaccommodated clubs)
7:30 – 9:00	**Warm-up** (available for all Aspire competitors)
8:30	**Judges meeting** (in the office)
9:00	**start of the competition** (one representative of each club in tracksuit is required to Opening ceremony – 8:50 in ballet hall)

Each Aspire session (9 units) has 10-15 minutes warm up on competition floor (except the first one)

9:00	**Aspire** (combined exercise)
12:00-14:30	**lunch** will be served in the restaurant Kafárna Na Kus řeči (200 metres from gym hall (tickets will be handed out during accreditation)
13:10	**Aspire category results announcement** (all competitors in leotards are going to the carpet, best 6 is going to the podium) • All pairs are ranked together • All groups are ranked together
13:30 – 14:00	**break / warm up** available for all Pre-Youth and Master class competitiors
14:00	**Pre-Youth 1st routine** (Pairs - balance/ Groups - dynamic)
15:10	**Master class 1st routine** (balance OR tempo)
16:25	**Pre-Youth 2nd routine** (Pairs – dynamic / Groups – balance)
17:30	**Master class 2nd routine** (combined)
18:45	**Pre-Youth, Master class results announcement** (all competitors in leotards are going to the carpet, best 6 is going to the podium) • Pre-Youth: All pairs are ranked together • Pre-Youth: All groups are ranked together • Master: Women´s pairs are ranked separately • Master: Mixed pairs are ranked separately • Master: All groups are ranked together
?19:20-19:45	(times will be specified on the spot) BUS transport to hotel Don Giovanni
20:30-23:00	Farrewell party in Hotel Don Giovanni (Vinohradská 157a, Prague 130 20), one drink/per person is in the price (additional drinks for buy)

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SUNDAY 8TH of November:

- Departure of delegations (till 10:30)

Additional information:

- **LIVE STREAM** https://www.gymtv.cz/
- **MERCH** – There will be a company with printed clothing with the competition logo and participants' names

- **Website** https://www.akrobatickagymnastika.cz/
- **Social media**
  - Instagram https://www.instagram.com/acro_bohemians/
  - Facebook https://www.facebook.com/akrobohemians/

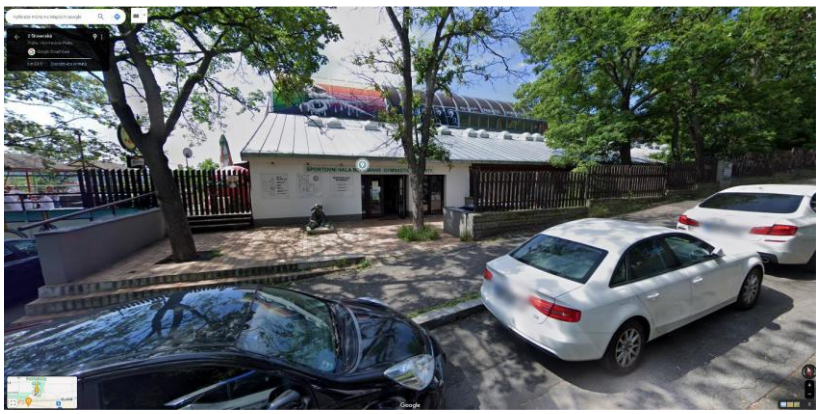
- **Contacts to LOC**
  - info@akrobatickagymnastika.cz
  - Petra Filsaková, +420 721 959 962

Parking (Slovenská street):

https://maps.app.goo.gl/rzb3wRboyqD41u2M6



Entrance to the gym hall (Slovenská 2, Praha):



Gym hall:

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